**CAREGIVERS MEAL TRACKING LOG SHEET**

**Client Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CAREGIVER’S START DATE**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Date | MEAL | Caregiver’sInitial | PERCENTAGE25%, 50%, 75% 100% | Date | MEAL | Caregiver’sInitial | Percentage25%, 50%, 75% 100% |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |
|  | Breakfast |  |  |  | Breakfast |  |  |
| Snack |  |  |  | Snack |  |  |
| Lunch |  |  |  | Lunch |  |  |
| Dinner |  |  |  | Dinner |  |  |